



## Qualsafe Level 2 Award in citizenAID (RQF)



3 hour  
course



Ofqual  
regulated



Certificate  
valid for 3 years



### Course Overview

#### Would you know how to react in the event of a shooting, stabbing, or bomb attack?

The **Qualsafe Level 2 Award in citizenAID (RQF)** has been specifically developed to help members of the public learn life-saving skills for use in these extreme situations. Based on the citizenAID phone App and pocket guide, this regulated qualification is designed to teach people how to react safely, prioritise the injured and give first aid to victims in the event of a deliberate multiple casualty incident.

During this 3 hour course, candidates will have the opportunity to practise techniques for dealing with catastrophic bleeding and will be equipped with the skills and knowledge needed to save lives in the aftermath of a terrorist attack.

### What's Covered?

- ⊕ Determining the appropriate actions to take in the following events, using the citizenAID App or pocket guide:
  - Knife attacker or active shooter
  - Exploded bomb
  - Unattended and suspicious item
  - Acid and vehicle attacks
- ⊕ Summoning the emergency services and effective handover
- ⊕ Prioritising multiple casualties
- ⊕ Dealing with an unresponsive casualty who is breathing:
  - Opening the airway
  - Checking breathing
  - Recovery Position
- ⊕ Controlling severe external bleeding:
  - Applying manufactured and improvised tourniquets
  - Wound Packing

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